Coedwigoedd Ceredigion Forests

Grogwynion

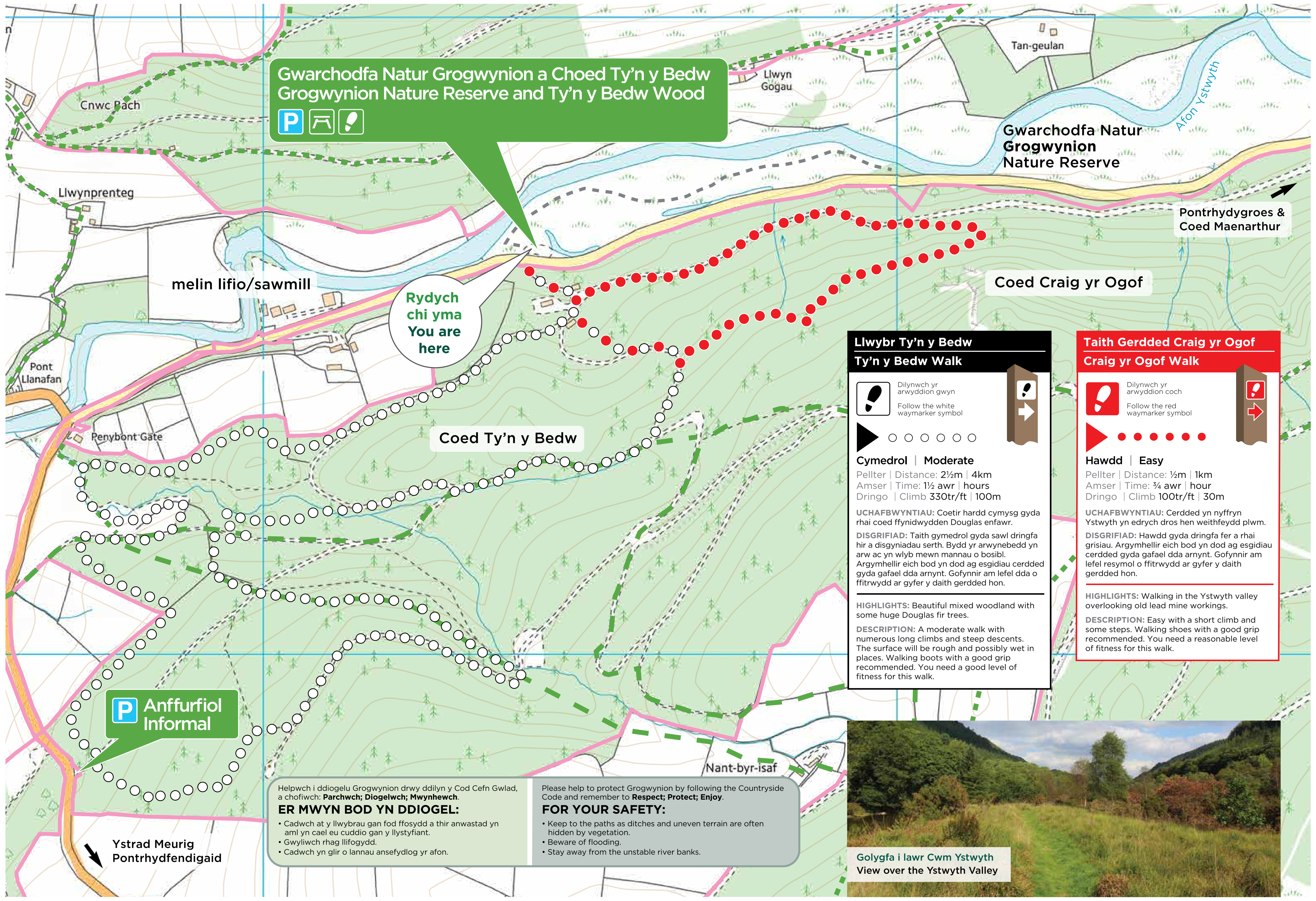
Nodweddir sir hynafol Ceredigion gan ei harfordir ysblennydd, ei hucheldir anghysbell, ei gwlyptiroedd gwych a'i dyffrynnoedd afonydd dwfn.

Mae Cyfoeth Naturiol Cymru yn falch o ofalu am ambell drysor gwirioneddol yn y rhan dawel hon o Gymru sy'n frith o olygfeydd dramatig.

The ancient county of Ceredigion is characterised by its stunning coastline, remote upland landscape, wonderful wetlands and deep river valleys.

Natural Resources Wales is proud to look after some real gems in this scenically dramatic yet tranquil part of Wales.

Golygfa o Fwlch Nant yr Arian i Aberystwyth a Bae Ceredigion
View from Bwlch Nant yr Arian towards Aberystwyth and Cardigan Bay



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Ar hyd Afon Ystwyth
Along the River Ystwyth

Croeso i Warchodfa Natur Grogwynion a Choed Ty'n y Bedw

Yr Afon 'heavy metal'

Mae'r Warchodfa'n ymestyn ar hyd Afon Ystwyth lle mae golygfeydd agored y gorlifdir yn cyferbynu gyda ochrau serth coediog y dyffryn. O ganlyniad i'r hen mwyngloddiau plwm ymhellach i fyny'r dyffryn mae graean yr afon yn llawn metalau trym sy'n achosi cyfuniad o rug, glaswellt ac eithin yn lle coed.

Mae'r Warchodfa hefyd yn ddiddorol am ei chwilod prin meges y fuwch goch gota 5-smotyn a chorrynod megis y bleiddgorryn. Rhan yma'r afon yw gyda'r mwyaf gwyllt yn Nghymru, gan ei bod yn newid ei chwrs yn aml yn dilyn llifogydd.

Beth allwch chi ei wneud o'r fan hon?
Cael picnic, mynd am dro at yr afon, neu ddilyn un o'n llwybrau drwy'r coetir ar ochr arall y ffordd.

Welcome to Grogwynion Nature Reserve and Ty'n y Bedw Wood

A heavy metal river

The reserve extends along the Afon Ystwyth (river) where the open views along the floodplain contrast with the steep valley sides clothed with trees. Due to the old lead mines further up the valley, the river gravel is full of heavy metals which give rise to an unusual combination of heather, grass and gorse instead of trees.

The reserve is also interesting for its rare beetles such as the 5-spot ladybird, and spiders such as the wolf spider, which lives in shingle banks. This section of the river remains one of the wildest in Wales, frequently changing its course following floods.

What can you do from here?
Have a picnic, walk down to the river, or follow one of our woodland trails on the other side of the road.

www.cyfoethnaturiol.cymru
www.naturalresources.wales
0300 065 3000

- parcio / parking
- parcio hygyrch / accessible parking
- toiledau / toilets
- hygyrch / accessible
- llwybrau – hygyrch / accessible trails
- gwybodaeth / information
- gwylfan / viewpoint
- lle picnic / picnic area
- maes chwarae / play area
- caffi / café
- llwybrau beicio / bike trails
- llwybrau cerdded / walking trails
- llwybr cyhoeddus / public footpath
- llwybr marchogaeth / public bridleway
- ffin coedwig CNC / NRW forest boundary

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