



2a

Llwybrau Afon Eden

2b

Afon Eden Trails



UCHAFBWYNTIAU

Dilynwch y llwybr hygyrch i lawr drwy goedwigoedd i'r lle picnic ar lan yr afon ble mae afon Eden yn taranu dros y creigiau.

Rhowch gynnig ar y daith gerdded hon sy'n addas i bawb o'r teulu. I ddiddanu'r rhai bach, beth am godi taflen Llwybr Darganfod Anifeiliaid o'r ganolfan ymwelwyr neu lawrlwythwch y llwybr sain MP3 sydd ar gael yn:

www.cyfoethnaturiol.cymru/llwybrausain, a gwrando ar y stori am fywyd gwyllt a hanes y goedwig.

www.cyfoethnaturiol.cymru
www.naturalresources.wales

HIGHLIGHTS

Follow the accessible trail down through woodlands to the riverside picnic site where the Afon Eden rushes over the rocks.

Try this walk suitable for all the family. To keep the young ones entertained why not pick up an Animal Discovery Trail leaflet from the visitor centre or download the MP3 audio trail available at: **www.naturalresources.wales/audiotrails**, and listen to the story of the forest's wildlife and history.





**Canolfan Ymwelwyr
Coed y Brenin
Visitor Centre**



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Allwedd / Map Key



- 2a Llwybr Afon Eden (hygyrch)
2a Afon Eden Trail (accessible)
- 2b Cylchdaith Glan Afon Eden
2b Afon Eden Riverside Loop
- MP3 location
- Bwrdd picnic / Picnic table
- Mainc / Bench
- Maes parcio hygyrch
Accessible car park



Dilynwch y symbolau arwyddbost glas neu felyn.

	2a Glas	2b Melyn
Dechrau:	Canolfan Ymwelwyr	Canolfan Ymwelwyr
Gradd:	Hygyrch	Hawdd
Amser:	¾ awr	¾ awr
Pellter:	1 filltir/1.7km	¾ filltir/1.3km
Dringo:	52tr/16m (uchafswm 10% 1:10)	75tr/23m (uchafswm 16% 1:6)

Disgrifiad: Mae'r **Llwybr Afon Eden (hygyrch) 2a** yn daith linellol ddwy ffordd ar hyd llwybr 2m o led sy'n dringo nid mwy na 10%/1 mewn 10, ag arwyneb da sy'n addas ar gyfer cadeiriau olwyn. Ceir manau gorffwys bob 100m o leiaf.

Wrth ddilyn y **Cylchdaith Glan Afon Eden 2b** felen, byddwch chi'n dringo'n ôl i ffordd y goedwig tuag at y ganolfan ymwelwyr ar lethr hawdd nad yw'n fwy na 1 mewn 6 drwy ardal o goed derw, cerddin, bedw a ffawydd ifanc. Mae'r adran hon yn addas ar gyfer cadeiriau gwthio plant bach gyda meinciau gorffwys o leiaf bob 150m. Nid oes grisiau na chamfeydd ar hyd yr holl lwybr.

Follow the blue or yellow waymarker symbols.

	2a Blue	2b Yellow
Start:	Visitor Centre	Visitor Centre
Grade:	Accessible	Easy
Time:	¾ hour	¾ hour
Distance:	1 mile/1.7km	¾ mile/1.3km
Climb:	52ft/16m (max 10% 1:10)	75ft/23m (max 16% 1:6)

Description: The well-surfaced **2a Afon Eden Trail (accessible)** is a there-and-back 2m-wide route and is suitable for wheelchairs with a gradient of no more than 10%/1 in 10. There are resting points at least every 100m.

When following the yellow **2b Afon Eden Riverside Loop**, you will climb back to the forest road and towards the visitor centre on an easy gradient of no more than 16%/1 in 6 through an area of young oak, rowan, birch and beech. This section is suitable for pushchairs with resting benches at least every 150m and no steps or stiles along the whole trail.